

Covered Bridge Run, Garrald Landing Park
 8100 Holcombe Bridge Road, Alpharetta, Ga
 September 11, 2010
 Weather: 76, humid, sunny

| Name | Mile 1 | Mile 2 | Mile 3 | Kick | Time | Place |
|---------------------|----------|----------|----------|-------|----------|-------|
| Marcie Merriman | 6:41.47 | 6:18.19 | 6:21.52 | 32.24 | 19:53.52 | 1 |
| Sabine Schartman | 7:02.41 | 7:05.00 | 7:00.65 | 30.05 | 21:38.11 | 2 |
| Morgan Ainslie | 7:18.10 | 7:05.50 | 7:00.72 | 34.14 | 21:58.46 | 3 |
| Isabella Hess | 7:18.76 | 7:05.15 | 7:21.65 | 40.24 | 22:25.80 | 4 |
| Natalie Bishop | 7:20.60 | 7:30.84 | 7:31.59 | 33.65 | 22:56.68 | 5 |
| Talia DeBenedictis | 7:50.91 | 7:23.78 | 7:21.34 | 34.45 | 23:10.48 | 6 |
| Corie Gutierrez | 7:27.66 | 7:31.75 | 7:37.37 | 36.74 | 23:13.02 | 7 |
| Erin Verdeyen | 7:51.53 | 7:26.32 | 7:34.09 | 33.21 | 23:25.15 | 8 |
| Corry Edwards | 7:39.76 | 7:37.27 | 7:41.47 | 41.67 | 23:40.17 | 9 |
| Julie Gardiner | 8:13.17 | 7:37.59 | 7:30.36 | 29.77 | 23:50.89 | 10 |
| Clair Bilkert | 8:19.87 | 7:37.90 | 7:37.68 | 36.61 | 24:12.06 | 11 |
| Catherine Schmidt | 8:01.47 | 7:50.00 | 7:55.81 | 38.84 | 24:26.12 | 12 |
| Stephanie Bosma | 8:37.07 | 7:58.90 | 7:39.54 | 28.25 | 24:43.76 | 13 |
| Charlotte Dunnell | 8:08.41 | 7:43.53 | 8:05.00 | 50.05 | 24:46.99 | 14 |
| Sarah Erdman | 8:30.65 | 8:05.69 | 7:45.13 | 42.19 | 25:03.66 | 15 |
| Nicole Prendes | 9:03.89 | 7:39.15 | 7:39.29 | 41.68 | 25:04.01 | 16 |
| Emma Zeeabrahamse | 8:41.42 | 8:06.78 | 8:00.39 | 33.90 | 25:21.49 | 17 |
| Leah Besch | 8:30.16 | 8:06.59 | 8:12.47 | 37.01 | 25:26.23 | 18 |
| Olivia Hulse | 8:42.21 | 8:07.05 | 8:13.32 | 42.12 | 25:44.70 | 19 |
| Nicole Schlabach | 8:51.84 | 8:01.52 | 8:19.60 | 40.29 | 25:53.25 | 20 |
| Adrienne Alderman | 8:31.34 | 8:21.66 | 8:23.86 | 38.41 | 25:55.27 | 21 |
| Beth Balog | 8:35.21 | 8:28.89 | 8:45.77 | 38.60 | 26:28.47 | 22 |
| Kelly Mahony | 9:24.18 | 8:32.79 | 8:47.04 | 45.34 | 27:29.35 | 23 |
| Alix Hanna | 9:36.41 | 8:55.38 | 8:30.41 | 37.68 | 27:39.88 | 24 |
| Taryn Prestwich | 9:37.67 | 8:54.73 | 8:39.83 | 32.80 | 27:45.03 | 25 |
| Meridith Singletary | 9:36.86 | 8:53.99 | 8:41.09 | 36.34 | 27:48.28 | 26 |
| Sarah Stevens | 9:36.05 | 8:55.31 | 8:42.23 | 37.57 | 27:51.16 | 27 |
| Alaina Buschman | 9:46.18 | 9:26.90 | 8:41.28 | 46.36 | 28:40.72 | 28 |
| Azen Niknejad | 9:37.25 | 8:52.31 | 9:57.85 | 43.85 | 29:11.26 | 29 |
| Noelle Franklin | 9:54.60 | 9:28.10 | 9:23.91 | 43.49 | 29:30.10 | 30 |
| Caroline Burcham | 10:04.73 | 9:35.76 | 9:16.79 | 45.20 | 29:42.58 | 31 |
| Katie Hayes | 9:54.26 | 9:12.73 | 9:44.28 | 47.10 | 30:38.37 | 32 |
| Kayla Picchi | 9:46.75 | 9:43.36 | 10:25.55 | 52.28 | 30:47.94 | 33 |
| Ayda Niknejad | 9:38.57 | 9:49.32 | 11:33.03 | 44.99 | 31:45.91 | 34 |
| Casey Morgan | 11:17.31 | 11:48.09 | 11:53.99 | 58.40 | 35:57.79 | 35 |
| Caitlynn Reilly | 10:57.89 | 12:43.39 | 11:48.50 | 51.91 | 36:21.69 | 36 |

| Name | Mile 1 | Mile 2 | Mile 3 | Kick | Time | Place |
|------------------|---------|---------|---------|-------|----------|-------|
| Patrick Shields | 5:53.79 | 5:51.93 | 5:48.04 | 26.33 | 18:00.09 | 1 |
| Travis Grooms | 6:16.19 | 6:11.44 | 6:14.59 | 31.23 | 19:13.45 | 2 |
| Alex Guillaume | 6:27.00 | 6:06.06 | 6:18.10 | 27.41 | 19:18.73 | 3 |
| Michael Anderson | 6:14.82 | 6:13.18 | 6:22.85 | 33.49 | 19:24.34 | 4 |
| Chris Hauser | 6:26.25 | 6:08.60 | 6:20.78 | 30.71 | 19:26.34 | 5 |
| James Watkins | | | | | | Dnr |
| Andy Creagan | | | | | | Dnr |
| Gunner Gilliam | | | | | | Dnr |
| Ryan Shields | 6:31.51 | 6:15.37 | 6:23.22 | 32.79 | 19:42.89 | 6 |
| Grant Melissas | 6:35.55 | 6:36.85 | 6:37.46 | 40.80 | 20:30.66 | 7 |
| Sean DeSantis | 6:25.88 | 6:20.31 | 7:12.19 | 37.81 | 20:36.19 | 8 |
| Matthew Chaney | 6:37.66 | 6:45.69 | 6:47.50 | 34.37 | 20:44.72 | 9 |
| Sean Ruff | 6:56.85 | 6:33.46 | 6:46.12 | 32.07 | 20:48.50 | 10 |
| Will Morris | 7:00.66 | 6:29.16 | 6:46.43 | 31.61 | 20:57.86 | 11 |
| Caleb Beaver | 7:11.25 | 6:38.35 | 7:01.56 | 32.72 | 21:23.88 | 12 |
| Solmen Schitea | 7:19.68 | 6:50.01 | 6:50.11 | 27.71 | 21:27.51 | 14 |
| Jacob Glickman | 7:18.99 | 7:07.72 | 7:05.73 | 31.01 | 22:03.45 | 15 |
| Sam Baez | 7:35.67 | 7:15.40 | 6:57.67 | 33.11 | 22:21.85 | 16 |
| Andrew Bassett | 7:32.93 | 7:14.51 | 7:13.39 | 28.40 | 22:29.23 | 17 |
| Michael Lofton | 7:49.93 | 7:09.30 | 7:09.95 | 36.12 | 22:45.30 | 18 |
| Cody McFadden | 7:33.51 | 7:37.73 | 7:31.86 | 28.90 | 23:12.00 | 19 |
| Tyler Elwer | 7:46.37 | 7:43.74 | 7:58.44 | 34.57 | 24:03.12 | 20 |
| Nicolas Limon | 8:44.03 | 7:55.78 | 7:17.49 | 33.85 | 24:31.15 | 21 |
| Kevin Nichols | 8:42.81 | 7:55.20 | 7:22.72 | 32.62 | 24:33.35 | 22 |
| Jack Haines | 8:43.29 | 7:59.03 | 7:47.25 | 31.04 | 25:00.61 | 23 |
| Andrew Wright | 8:18.20 | 8:04.07 | 8:07.67 | 38.16 | 25:08.10 | 24 |
| Joey Haines | 8:42.23 | 8:01.28 | 8:01.81 | 41.37 | 25:26.69 | 25 |
| Cameron Taylor | 8:57.95 | 8:45.25 | 7:49.45 | 34.43 | 26:17.08 | 26 |
| Kurt Zorn | 8:48.31 | 8:35.52 | 8:28.86 | 34.65 | 26:27.44 | 27 |
| Alex True | 8:38.90 | 8:34.87 | 8:59.72 | 37.56 | 26:50.05 | 28 |
| Kevin Sullivan | 8:32.64 | 8:57.59 | 9:31.07 | 48.48 | 27:49.78 | 29 |
| Austin Hayes | 8:41.49 | 9:35.51 | 9:35.62 | 44.46 | 28:37.08 | 30 |