

Georgia State Cross Country Championships
 Carrollton Elementary School,
 202 Trojan Drive. Carrollton, Ga
 November 5, 2011
 Weather:

Departure: Lassiter at 8:30. All athletes will ride the bus.

Arrival: Lassiter at 4:30

All athletes are expected to ride the bus back to Lassiter. If you have a legitimate reason to leave early, check out with Coach Doyle. You must have a signed note from your parents. No one will ride with another athlete's parents without a consent.

Athletes	Warm-up time	Report to Start Line	Start Time	Cool Down Time	
Marcie Merriman Corie Gutierrez Sarah Erdman Erin Verdeyen Julie Gardiner	Morgan Ainslie Talia Debenedictis Meredith Brito Corry Edwards Nicole Schlabach	1115	1130	1200	1245

If you are wearing anything under your uniform it must be completely black.

Glovers are permitted.

Stocking caps are permitted but must be of a single color, unadorned and one logo only.

Socks are not part of the uniform

Awards: At the conclusion of our race, approximately 100
 Top 4 teams receive trophies
 Individual: Top 10 (maybe more)

Admission is \$5.00
 T-Shirts will be available.
 Port a Johns available.

Directions:
 Highway I - 75 South to I – 285 West toward Birmingham/Tampa
 Take exit 10B to merge onto I – 20 West
 Take exit 19 for GA 113 toward Temple/Carrollton
 Turn left at GA -113
 After 9.5 miles turn left at N Park St
 After 2.3 miles turn right at Clinic Ave/Trojan Drive
 The course will be on your left

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Athlete	Mile 1	Mile 2	Mile 3	Kick	Finish	Place
Marcie Merriman						
Morgan Ainslie						
Julie Gardiner						
Corie Gutierrez						
Erin Verdeyen						
Meredith Brito						
Nicole Schlabach						
Corry Edwards						
Talia DeBenedictis						
Sarah Erdman						
Total Runners						