

| BOYS | | | | GIRLS | | | |
|-------------------|------------------|--------|------|-------------------|-----------------|-------|------|
| 100 Meters | | | | 100 Meters | | | |
| Rank | Name | Time | Year | Rank | Name | Time | Year |
| 1 | Guy Robinson | 10.8 h | 1988 | 1 | Gabrielle Piper | 12.20 | 2007 |
| 2 | Lawrence Kelly | 11.08 | 2000 | 2 | Kim Mason | 12.47 | 1994 |
| 3 | Carson Cutrone | 11.09 | 2003 | 3 | Nikki Lockett | 12.3 | 1991 |
| 4 | Brian Etelman | 11.10 | 2002 | 4 | Nadia Natt | 12.71 | 2006 |
| 5 | Derick Lindsey | 11.11 | 2006 | 5 | Dyani Tutt | 12.76 | 1996 |
| 6 | David Spann | 10.9 h | 1989 | 6 | Latoya Vinson | 12.79 | 1994 |
| 6 | Steve McCall | 10.9 h | 1993 | 7 | Nicole Whalen | 12.6 | 1991 |
| 8 | Maurice McGregor | 11.17 | 1992 | 8 | Kelly Rasbury | 12.86 | 1994 |
| 9 | David Ponder | 11.27 | 2001 | 9 | Danielle Whelan | 12.7 | 1985 |
| 9 | James Robinson | 11.27 | 1994 | 10 | Leah Williams | 12.98 | 2005 |
| 9 | Chris Carter | 11.27 | 1998 | | | | |

| BOYS | | | | GIRLS | | | |
|-------------------|-------------------|--------|------|-------------------|----------------|--------|------|
| 200 Meters | | | | 200 Meters | | | |
| Rank | Name | Time | Year | Rank | Name | Time | Year |
| 1 | Guy Robinson | 21.8 h | 1988 | 1 | Veronica Miley | 25.29 | 1993 |
| 2 | Chris Robinson | 22.31 | 1990 | 2 | Nadia Natt | 25.876 | 2007 |
| 3 | John Mayne | 22.48 | 1990 | 3 | Nikki Lockett | 26.03 | 1992 |
| 4 | Steve McCall | 22.3 h | 1993 | 4 | Marshara Fross | 25.61s | 2009 |
| 5 | Kalen Schiedt | 22.6 | 2003 | 5 | Latoya Vinson | 26.11 | 1995 |
| 6 | Lawrence Kelly | 22.69 | 2000 | 6 | Julienne McKee | 26.18 | 2009 |
| 7 | Kevin Schimmelman | 22.7 | 2000 | 7 | Stacy Doornbos | 26.27 | 2005 |
| 8 | Brian Etelman | 22.72 | 2002 | 8 | Kim Mason | 26.1 | 1992 |
| 9 | Jason Kobrin | 22.84 | 1996 | 9 | DeAryon Butler | 26.78 | 2000 |
| 10 | James Robinson | 22.93 | 1994 | 10 | Katrina Bass | 26.7 | 1986 |

| BOYS | | | | GIRLS | | | |
|-------------------|-----------------|--------|------|-------------------|------------------|--------|------|
| 400 Meters | | | | 400 Meters | | | |
| Rank | Name | Time | Year | Rank | Name | Time | Year |
| 1 | Guy Robinson | 48.1 s | 1988 | 1 | Nikki Lockett | 57.63 | 1992 |
| 2 | John Mayne | 49.0 h | 1990 | 2 | Stacy Doornbos | 57.71s | 2004 |
| 3 | Blair Jordan | 49.23 | 2002 | 3 | Julienne Mckee | 58.35 | 2009 |
| 4 | Kevin Pettus | 49.5 | 1989 | 4 | Latoya Vinson | 58.0s | 1995 |
| 5 | Neal Williams | 49.65 | 1989 | 5 | Meri Lukens | 58.8s | 1988 |
| 6 | Chris Anderson | 50.15 | 1996 | 6 | Marshara Fross | 59.5 | 2009 |
| 7 | Thomas Anderson | 49.95s | 2007 | 7 | Corrine Takayama | 59.95 | 1996 |
| 8 | Rhett Downing | 49.7 s | 1994 | 8 | Veronica Miley | 59.97 | 1993 |
| 9 | Kalen Schiedt | 50.32 | 2003 | 9 | Heather Weldon | 59.5s | 1989 |
| 10 | David Cobb | 50.0 s | 1988 | 10 | Katlin Cantlin | 59.9 | 1986 |
| 10 | Chris Robinson | 50.0 s | 1990 | | | | |

| BOYS | | | | GIRLS | | | |
|-------------------|-----------------|-----------|------|-------------------|-----------------|---------|------|
| 800 Meters | | | | 800 Meters | | | |
| Rank | Name | Time | Year | Rank | Name | Time | Year |
| 1 | Neal Williams | 1:50.53 | 1989 | 1 | Meri Lukens | 2:15.4 | 1989 |
| 2 | John Szczesniak | 1:55.62 | 2000 | 2 | Kristina Gay | 2:18.6 | 1987 |
| 3 | Justin Nowell | 1:55.91 | 1994 | 3 | Heather Weldon | 2:19.6 | 1989 |
| 4 | Mark Hutto | 1:55.90 h | 1985 | 4 | Mindy Lukens | 2:19.9 | 1985 |
| 5 | Drew Jones | 1:57.68 | 2006 | 5 | Laura Kemp | 2:20.3 | 1982 |
| 6 | Randy Jackwak | 1:58.64 | 1990 | 6 | Catalina Girona | 2:21.7 | 1985 |
| 7 | Trey Cupp | 1:59.10 | 1987 | 7 | Sabine Shartman | 2:22.12 | 2009 |
| 7 | Danny Glennon | 1:59.10 | 1987 | 8 | Nicole Holland | 2:22.47 | 2001 |
| 9 | Josh Hammel | 1:58.67 s | 2003 | 9 | Jennifer Kemp | 2:22.4s | 1984 |
| 10 | Michael Jansen | 1:59.63 | 2004 | 10 | Danielle Adams | 2:23.7 | 1986 |

| BOYS | | | | GIRLS | | | |
|--------------------|-----------------|---------|------|--------------------|-----------------|----------|------|
| 3200 Meters | | | | 3200 Meters | | | |
| Rank | Name | Time | Year | Rank | Name | Time | Year |
| 1 | Ben Boyd | 9:14.80 | 1993 | 1 | Mindy Lukens | 10:44.7 | 1985 |
| 2 | Zack Flickinger | 9:23.28 | 2008 | 2 | Danielle Adams | 11:11.6 | 1989 |
| 3 | Andrew Heath | 9:26.26 | 2002 | 3 | Robin Ashurst | 11:21.6 | 1985 |
| 4 | Austen Guterrez | 9:39.93 | 2009 | 4 | Kathleen Wilson | 11:28.36 | 2007 |
| 5 | Alex McWalters | 9:40.93 | 2003 | 5 | Heather Weldon | 11:28.8 | 1986 |
| 6 | David Maxfield | 9:42.90 | 1986 | 6 | Rachel Walker | 11:29.0 | 1991 |
| 7 | Jason Spicer | 9:46.00 | 1992 | 7 | Elena Linn | 11:29.59 | 2004 |
| 8 | Neal Williams | 9:48.90 | 1987 | 8 | Julie Doegen | 11:31.5 | 1993 |
| 9 | Jason Groves | 9:50.10 | 1989 | 9 | Jennifer Kemp | 11:33.7 | 1983 |
| 10 | Joe Fulton | 9:51.53 | 2007 | 10 | Clara Densmore | 11:40.42 | 2007 |

| BOYS | | | | GIRLS | | | |
|-------------------------------|-----------------|--------|------|-------------------------------|--------------------|-------|------|
| 110 Meter High Hurdles | | | | 110 Meter High Hurdles | | | |
| Rank | Name | Time | Year | Rank | Name | Time | Year |
| 1 | Chris Mayne | 14.5 | 1992 | 1 | Gabrielle Piper | 14.66 | 2009 |
| 2 | Evan Wells | 14.99 | 2000 | 2 | Kim Mason | 15.27 | 1995 |
| 3 | Kalen Schiedt | 15.11 | 2003 | 3 | Jennifer Halbert | 15.3 | 1989 |
| 4 | Bryant Wesley | 14.9 h | 1987 | 4 | Dyanni Tutt | 15.51 | 1998 |
| 5 | Leonard Cole | 15.29 | 1994 | 5 | Alex McKee | 15.62 | 2008 |
| 6 | Troy Washington | 15.30 | 2004 | 6 | Allerie Debussey | 15.69 | 2002 |
| 7 | Zack Taylor | 15.37 | 1996 | 7 | Corrine Takakayama | 15.83 | 1997 |
| 8 | Rich Caldwell | 15.3 h | 1985 | 8 | Torrie Edwards | 15.92 | 1990 |
| 8 | Michael Lott | 15.3 h | 1996 | 9 | Michelle Pollitt | 16.01 | 2004 |
| 10 | Chris Hale | 15.57 | 2000 | 10 | Heidi Gardner | 16.0 | 1986 |
| 10 | Jeff Morrett | 15.57 | 1998 | 10 | Katie May | 16.0 | 1988 |

BOYS**300 Meter Intermediate Hurdles**

| Rank | Name | Time | Year |
|------|---------------|--------|------|
| 1 | Chris Mayne | 38.6 | 1992 |
| 2 | Rich Caldwell | 39.0 | 1985 |
| 3 | Kevin Koehler | 39.32 | 1985 |
| 4 | Bryant Wesley | 39.1 h | 1987 |
| 5 | David Cobb | 39.8 | 1989 |
| 6 | Jeff Morrett | 40.11 | 1998 |
| 7 | Kalen Schiedt | 40.26 | 2002 |
| 8 | Mike Douglas | 40.3 | 1988 |
| 8 | Evan Wells | 40.89 | 1999 |
| 10 | Dan Coughlin | 40.7 h | 1986 |

GIRLS**300 Meter Intermediate Hurdles**

| Rank | Name | Time | Year |
|------|-------------------|-------|------|
| 1 | Suzzette Van-Lare | 45.94 | 2008 |
| 2 | Allerie Debussey | 46.53 | 2001 |
| 2 | Michelle Pollitt | 46.53 | 2003 |
| 4 | Corinne Takayama | 46.7 | 1997 |
| 5 | Alex McKee | 47.25 | 2007 |
| 6 | Candace Hanson | 48.06 | 2003 |
| 7 | Shanon Grant | 48.28 | 2002 |
| 8 | Jennifer Mairn | 49.04 | 1999 |
| 9 | Mandy Nowasielski | 50 | 1999 |
| 10 | Dyani Tutt | 50.17 | 1998 |

| BOYS | | | | GIRLS | | | |
|----------------------------|-------|------|--|----------------------------|-------|------|--|
| 4 x 100 Meter Relay | | | | 4 x 100 Meter Relay | | | |
| Rank | Time | Year | | Rank | Time | Year | |
| 1 | 42.90 | 1996 | | 1 | 49.04 | 2007 | |
| 2 | 43.00 | 1988 | | 2 | 49.08 | 2009 | |
| 3 | 43.26 | 2002 | | 3 | 49.15 | 2008 | |
| 4 | 43.54 | 1995 | | 3 | 49.30 | 1995 | |
| 5 | 43.67 | 2000 | | 5 | 49.30 | 1996 | |
| 6 | 43.68 | 1997 | | 6 | 49.90 | 1997 | |
| 7 | 43.74 | 2001 | | 7 | 50.18 | 1994 | |
| 8 | 44.73 | 1999 | | 8 | 50.22 | 2004 | |
| 9 | 43.83 | 1998 | | 9 | 50.23 | 1993 | |
| 10 | 43.86 | 2003 | | 10 | 50.40 | 2003 | |

| BOYS | | | | GIRLS | | | |
|----------------------------|-----------|------|--|----------------------------|-----------|------|--|
| 4 x 200 Meter Relay | | | | 4 x 200 Meter Relay | | | |
| Rank | Time | Year | | Rank | Time | Year | |
| 1 | 1m :32.7 | 1985 | | 1 | 1m :48.6 | 1995 | |
| 2 | 1m :34.83 | 1994 | | 2 | 1m :49.5 | 1986 | |
| 3 | 1m :35.29 | 1993 | | 3 | 1m :51.30 | 2002 | |
| 4 | 1m :35.6 | 1983 | | 4 | 1m :51.3 | 1994 | |
| 5 | 1m :36.0 | 1984 | | 5 | 1m :51.6 | 1993 | |
| 6 | 1m :36.20 | 1998 | | 6 | 1m :52.5 | 1983 | |
| 7 | 1m :36.8y | 1987 | | 7 | 1m :53.40 | 1998 | |
| 8 | 1m :37.0 | 2003 | | 8 | 1m :53.7 | 1985 | |
| 9 | 1m :38.50 | 1999 | | 9 | 1m :58.45 | 2003 | |
| 10 | 1m :38.55 | 2001 | | 10 | 1m :59.3 | 1982 | |

| BOYS | | | | GIRLS | | | |
|----------------------------|---------|------|--|----------------------------|---------|------|--|
| 4 x 400 Meter Relay | | | | 4 x 400 Meter Relay | | | |
| Rank | Time | Year | | Rank | Time | Year | |
| 1 | 3:19.60 | 1988 | | 1 | 4:01.00 | 1995 | |
| 2 | 3:22.20 | 1994 | | 2 | 4:01.8 | 1989 | |
| 3 | 3:22.3 | 1990 | | 3 | 4:02.3 | 1988 | |
| 4 | 3:24.7 | 1987 | | 4 | 4:02.7 | 1986 | |
| 5 | 3:24.98 | 2007 | | 5 | 4:04.65 | 1994 | |
| 6 | 3:25.56 | 1996 | | 6 | 4:05.27 | 2007 | |
| 7 | 3:35.83 | 1998 | | 7 | 4:06.77 | 2004 | |
| 8 | 3:26.23 | 1993 | | 8 | 4:07.84 | 2007 | |
| 9 | 3:26.40 | 2002 | | 9 | 4:08.7 | 1997 | |
| 10 | 3:26.60 | 1985 | | 10 | 4:08.99 | 2009 | |

| BOYS | | | | GIRLS | | | |
|----------------------------|---------|------|--|----------------------------|----------|------|--|
| 4 x 800 Meter Relay | | | | 4 x 800 Meter Relay | | | |
| Rank | Time | Year | | Rank | Time | Year | |
| 1 | 8:03.80 | 1988 | | 1 | 9:40.5 | 1988 | |
| 2 | 8:05.6 | 1987 | | 2 | 9:41.9 | 1983 | |
| 3 | 8:06.6 | 1986 | | 3 | 9:44.0 | 1984 | |
| 4 | 8:08.00 | 2000 | | 4 | 9:53.6 | 1984 | |
| 5 | 8:09.72 | 2004 | | 5 | 9:54.6 | 1987 | |
| 6 | 8:09.90 | 1985 | | 6 | 10:04.26 | 1990 | |
| 7 | 8:14.44 | 2006 | | 7 | 10:04.40 | 2003 | |
| 8 | 8:14.57 | 2003 | | 8 | 10:07.23 | 1994 | |
| 9 | 8:16.26 | 2007 | | 9 | 10:12.2 | 1993 | |
| 10 | 8:16.31 | 2008 | | 10 | 10:14.08 | 2004 | |

| BOYS | | | | GIRLS | | | |
|------------------------------|-----------|------|--|-----------------------------|----------|------|--|
| 4 x 1600 Meter Relays | | | | 4 x 1600 Meter Relay | | | |
| Rank | Time | Year | | Rank | Time | Year | |
| 1 | 18:03.70 | 1986 | | 1 | 21:37.4y | 1984 | |
| 2 | 18:32.16 | 2003 | | 2 | 21:58.4y | 1985 | |
| 3 | 18:34.21 | 2004 | | 3 | 22:12.6 | 1987 | |
| 4 | 18:38.41 | 2008 | | 4 | 22:14.0 | 1986 | |
| 5 | 18:38.61 | 2007 | | 5 | 22:38.2y | 1983 | |
| 6 | 18:42.36 | 2009 | | 6 | 22:38.03 | 2003 | |
| 7 | 18:43.53 | 2006 | | 7 | 22:59.97 | 2008 | |
| 8 | 18:44.16 | 2002 | | 8 | 23:07.00 | 2003 | |
| 9 | 18:51.29 | 2000 | | 9 | 23:10.20 | 2007 | |
| 10 | 18:57.7 y | 1985 | | 10 | 24:25.11 | 2009 | |

| BOYS | | | | GIRLS | | | |
|-------------------------------|-------------------|-----------|------|-------------------------------|------------------|----------|------|
| Distance Medally Relay | | | | Distance Medally Relay | | | |
| Rank | Time | Year | | Rank | Time | Year | |
| 1 | 10:24.40 | 1989 | | 1 | 12:25.09 | 1988 | |
| 2 | 10:27.90 | 1988 | | 2 | 12:34.1 | 1985 | |
| 3 | 10:30.30 | 1987 | | 3 | 12:43.2y | 1984 | |
| 4 | 10:32.30 | 1986 | | 4 | 12:46.4 | 1987 | |
| 5 | 10:48.55 | 2007 | | 5 | 12:53.7y | 1984 | |
| 6 | 10:55.90 | 1985 | | 6 | 12:57.6 | 1993 | |
| 7 | 11:00.80 | 2001 | | 7 | 13:01.0 | 1986 | |
| 8 | 11:04.00 | 1994 | | 8 | 13:06.7 | 1994 | |
| 9 | 11:05.74 | 1999 | | 9 | 13:20.91 | 2007 | |
| 10 | 11:07.41 | 1993 | | 10 | 13:29.1y | 1982 | |
| BOYS | | | | GIRLS | | | |
| Pole Vault | | | | Pole Vault | | | |
| Rank | Name | Distance | Year | Rank | Name | Distance | Year |
| 1 | Kalen Schiedt | 14' 10.5" | 2003 | 1 | Christy Carr | 11' 0" | 2004 |
| 2 | Scott Fain | 14' 6" | 2000 | 2 | Allison May | 9' 6" | 2005 |
| 2 | Kevin Koehler | 14' 6" | 1995 | 3 | Amy Maxwell | 8" 6" | 2006 |
| 4 | Kieth Sutphin | 14' 1.5" | 1990 | 4 | Corinne Anderson | 8" 6" | 2008 |
| 5 | James Steinberger | 14' 0" | 2004 | 5 | Hillary Lynch | 8'0" | 2009 |
| 6 | Brett Johnson | 13' 6" | 1989 | 6 | Anna Theodore | 7' 6" | 2003 |
| 6 | Patrick Irvan | 13' 6" | 1998 | 6 | Amanda Wessinger | 7" 6" | 2005 |
| 6 | Cameron Guthrie | 13' 6" | 1998 | 6 | Emilie Moore | 7" 6" | 2009 |
| 6 | Aaron Whitehouse | 13' 6" | 1992 | 9 | Laura Badovinac | 7' 0" | 2001 |
| 6 | Rob Travis | 13' 6" | 1986 | 9 | Kelsey Cross | 7' 0" | 2008 |
| | | | | 9 | Joyce Duhart | 7' 0" | 2008 |

| | | | | | | | |
|--|--|--|--|---|----------------|-------|------|
| | | | | 9 | Kaylin Wells | 7' 0" | 2000 |
| | | | | 9 | Stephanie Dean | 7' 0" | 2004 |

BOYS

Long Jump

| Rank | Name | Distance | Year |
|------|----------------|-----------|------|
| 1 | Kalen Scheidt | 22' 9.25" | 2003 |
| 2 | Chris Robinson | 22' 7" | 1990 |
| 3 | Robbie McRight | 22' 4" | 2007 |
| 4 | Jason Kobrin | 22' 2.5" | 1996 |
| 5 | Carson Cutrone | 22' .75" | 2004 |
| 6 | Brian Etelman | 21' 6.5" | 2002 |
| 7 | Jayme Sellards | 21' 5" | 1990 |
| 8 | Trevor Coleman | 21' 4" | 2001 |
| 9 | Curt Barringer | 21' 1.5" | 1985 |
| 10 | Kevin Pettus | 21' .75" | 1988 |

GIRLS

Long Jump

| Rank | Name | Distance | Year |
|------|-------------------|-----------|------|
| 1 | Kim Mason | 18' 6.5" | 1994 |
| 2 | Stacy Dornbos | 17' 11.5" | 2004 |
| 3 | Latoya Vinson | 17' 10" | 1994 |
| 4 | Gabrielle Piper | 17' 8" | 2009 |
| 5 | Julienne Mckee | 17' 7" | 2009 |
| 6 | Diani Tutt | 17' 0.5" | 1997 |
| 7 | Suzzette Van-Lare | 16' 11.5" | 2008 |
| 8 | Tina Milton | 16' 10" | 2000 |
| 8 | Michelle Watkins | 16' 9.5" | 1985 |
| 10 | Alana Dobbins | 16' 9.5" | 1988 |

BOYS

Triple Jump

| Rank | Name | Distance | Year |
|------|---------------|----------|------|
| 1 | Jeff Dunnigan | 45' 5.5" | 1984 |
| 2 | Evan Brock | 45' 2" | 2001 |
| 3 | Dennis Sliney | 43' 3.5" | 1988 |
| 4 | Greg Sciame | 43' 1.5" | 1998 |
| 5 | Andy Elias | 43' 1" | 1990 |
| 6 | Ryan Wiggins | 42' 7" | 1990 |
| 7 | Jared Duncan | 42' 5.5" | 2006 |
| 8 | Jason Korbrin | 42' 3.5" | 1994 |

GIRLS

Triple Jump

| Rank | Name | Distance | Year |
|------|-------------------|------------|------|
| 1 | Julienne McKee | 38' 00" | 2009 |
| 2 | Suzzette Van-Lare | 36' 00.75" | 2007 |
| 3 | Michelle Pollitt | 35' 10.5" | 2003 |
| 4 | Allerie Debussey | 35' 6" | 2001 |
| 5 | Julia Worman | 35' 0" | 1997 |
| 6 | Kashari Reid | 34' 11.5" | 1992 |
| 7 | Meg Simpson | 34' 9" | 1995 |
| 8 | Niki Martin | 34' 6.5" | 2005 |

| 9 | Dan Shaughnessy | 42' 2.25" | 1998 | 9 | Kellie Gerbers | 34' 6" | 2001 |
|------------------|--------------------|------------|------|------------------|------------------|-----------|------|
| 10 | Brent Taylor | 42' 1" | 1995 | 10 | Veronica Bradham | 34' 3.75" | 2003 |
| BOYS | | | | GIRLS | | | |
| High Jump | | | | High Jump | | | |
| Rank | Name | Distance | Year | Rank | Name | Distance | Year |
| 1 | Andy Elias | 6' 6" | 1990 | 1 | Meg Simpson | 5' 6" | 1995 |
| 2 | Jay Haugen | 6' 4" | 1996 | 1 | Michelle Pollitt | 5' 6" | 2004 |
| 2 | Javon Curvan | 6' 4" | 2004 | 3 | Stacy Dornbos | 5' 2" | 2004 |
| 2 | Greg Sciame | 6' 4" | 1996 | 3 | Alex McKee | 5' 2" | 2008 |
| 5 | Brent Taylor | 6' 2" | 1995 | 3 | Julia Worman | 5' 2" | 1997 |
| 6 | John Timmers | 6' 0" | 2006 | 3 | Heather Dasinger | 5' 2" | 2000 |
| 6 | Jason Kobrin | 6' 0" | 1994 | 3 | Jill Osada | 5' 2" | 1983 |
| 6 | Mike Brill | 6' 0" | 1992 | 3 | Michelle Watkins | 5' 2" | 1985 |
| 6 | Kalen Schiedt | 6' 0" | 2003 | 9 | Mandy Timmons | 5' 1.5" | 1990 |
| 6 | Kieth Sutphin | 6' 0" | 1988 | 10 | Kaylin Wells | 5' 1" | 2000 |
| 6 | Dennis Sliney | 6' 0" | 1986 | | | | |
| 6 | David Gheesling | 6' 0" | 1984 | | | | |
| 6 | Michael Copenhaver | 6' 0" | 2009 | | | | |
| 6 | Scott Stevenson | 6' 0" | 1984 | | | | |
| BOYS | | | | GIRLS | | | |
| Shot Put | | | | Shot Put | | | |
| Rank | Name | Distance | Year | Rank | Name | Distance | Year |
| 1 | Justin Harp | 60' 4.75" | 2003 | 1 | Naomi Elliott | 44' 10.5" | 1998 |
| 2 | Will Traylor | 55' 5.5" | 1986 | 2 | Renata Foerst | 42" 9.5" | 2001 |
| 3 | Kerry Brown | 54' 10.25" | 2003 | 3 | Christina John | 41' 5" | 2008 |
| 4 | David Schenek | 53' 7" | 1999 | 4 | Kristi Brown | 40' 3.5" | 2001 |

| | | | |
|----|------------------------------|----------|------|
| 5 | Lloyd Lassiter | 53' 3" | 2005 |
| 6 | David Schiedt | 52' 6.5" | 2006 |
| 7 | Kevin Gladden | 51' 7.5" | 1989 |
| 8 | Demetrius Kostopoulos | 51' 4" | 1987 |
| 9 | Rob Colvin | 51' 3" | 1991 |
| 10 | Matt Elliott | 50' 9.5" | 1995 |

| | | | |
|----|------------------------|------------------|-------------|
| 5 | Cindy Dugan | 37' 8" | 1991 |
| 6 | Emily Bernhardt | 36' 8" | 2006 |
| 7 | Lucy Ponder | 36' 1" | 1988 |
| 8 | Stacy Briere | 34' 10.5" | 1991 |
| 9 | Nadia Lambert | 34' 9.25" | 1993 |
| 10 | Lisa Caldwell | 34' 8.5" | 1987 |

BOYS

Discus

| Rank | Name | Distance | Year |
|------|------------------------------|----------|------|
| 1 | David Schenek | 175' 4" | 1999 |
| 2 | Justin Harp | 174' 4" | 2003 |
| 3 | Kevin Gladden | 159' 8" | 1988 |
| 4 | David Schiedt | 156' 10" | 2006 |
| 5 | Will Traylor | 153' 8" | 1986 |
| 6 | John Bell | 146' 0" | 1983 |
| 7 | David Wahn | 145' 1" | 1988 |
| 8 | Curtis John | 144' 5" | 2004 |
| 8 | Demetrius Kostopoulos | 144' 5" | 1987 |
| 10 | Jay Haugen | 144' 0" | 1997 |

GIRLS

Discus

| Rank | Name | Distance | Year |
|------|-------------------------|-----------------|-------------|
| 1 | Emily Bernhardt | 133' 2" | 2006 |
| 2 | Christina John | 132' 10" | 2008 |
| 3 | Naomi Elliott | 124' 7" | 1998 |
| 4 | Cindy Duggan | 118' 6" | 1992 |
| 5 | Nadia Lambert | 113' 7" | 1993 |
| 6 | Alice Uckert | 11' 6" | 1988 |
| 7 | Katie Roach | 110' 3" | 2000 |
| 8 | Caroline Kessler | 110' 0" | 1999 |
| 9 | Kristi Brown | 107' 3" | 2001 |
| 10 | Laura Theoharis | 105' 4" | 1985 |

BOYS

800 Sprint Medley Relay

| Rank | Time | Year |
|------|-----------|------|
| 1 | 1m :36.72 | 2002 |
| 2 | 1m :37.89 | 1998 |
| 3 | 1m :38.2 | 1982 |
| 4 | 1m :38.30 | 2003 |

GIRLS

800 Sprint Medley Relay

| Rank | Time | Year |
|------|-----------|------|
| 1 | 1m:49.70 | 2009 |
| 2 | 1m :53.64 | 2005 |
| 3 | 1m :54.30 | 2008 |
| 4 | 1m :54.80 | 2003 |

| | | | | | | | |
|---------------------------------|-----------|------|--|---------------------------------|-----------|------|--|
| 5 | 1m :39.03 | 2004 | | 5 | 1m :55.31 | 2007 | |
| 6 | 1m :40.45 | 2009 | | 6 | 1m :56.67 | 2002 | |
| BOYS | | | | GIRLS | | | |
| 1600 Sprint Medley Relay | | | | 1600 Sprint Medley Relay | | | |
| Rank | Time | Year | | Rank | Time | Year | |
| 1 | 03:31.7 | 1989 | | 1 | 04:20.0 | 1984 | |
| 2 | 03:32.7 | 1988 | | 2 | 04:21.2 | 1983 | |
| 3 | 03:37.3 | 1987 | | 3 | 4:25.8y | 1982 | |
| 4 | 03:44.4 | 1986 | | 4 | 04:24.7 | 1986 | |
| 5 | 03:45.3 | 1985 | | 5 | 04:33.0 | 2009 | |
| 6 | 03:46.1 | 2003 | | 6 | 04:33.2 | 1985 | |
| 7 | 3 46.37 | 2009 | | 7 | 04:35.0 | 1998 | |
| 8 | 03:46.5 | 1996 | | 8 | 04:38.5 | 1987 | |
| 9 | 03:48.0 | 1984 | | 9 | 04:40.6 | 1996 | |
| 10 | 03:52.8 | 2000 | | 10 | 04:43.1 | 1995 | |
| BOYS | | | | GIRLS | | | |
| Shuttle Hurdle Relay | | | | Shuttle Hurdle Relay | | | |
| 1 | 1m :05.49 | 2003 | | 1 | 1m :08.10 | 2001 | |
| 2 | 1m :07.17 | 2001 | | 2 | 1m :18.64 | 1998 | |
| 3 | 1m :12.29 | 2000 | | 3 | 1m :15.57 | 1999 | |
| BOYS | | | | GIRLS | | | |
| 4 x 3200 RELAY | | | | 4 x 3200 RELAY | | | |
| 1 | 40:29.3 | 2008 | | 1 | 53:56.4 | 2008 | |
| | | | | | | | |
| | | | | | | | |

