

**Hornet 8 Way Meet
Roswell High School
February 27, 2010**

- I. SATURDAY:** There is no bus. Plan on arriving at least 1 hour prior to your event. Check the schedule very closely for relays and your own individual events. If you have implements (Shot, disc, pole vaulting poles) take them with you or arrange with a coach to deliver them to Roswell for you. It will take about 20 minutes to get to Roswell High School
- II.** Field events will begin at 9:00. All athletes doing field events should arrive at Roswell by 8:15
- III.** 4 x 1600 will begin at 9:15 and 4 x 800 will begin at 10:30. If you are doing one of these relays, arrive at 8:15 and 9:30 respectively.
- IV.** All other running events will start at 11:15. Plan to arrive at 10:15. The schedule is a rolling schedule which means there are no set times for each running event. They will run the next event as soon as the previous one is finished. Order of events are 4 x100, 1600,400,100,100H,110H,800,200,300IM,3200 4x400. Girls will run then boys. Each running event should have 3 heats except for the 800m run and above.
- V.** Field event athletes will report to the site of the event. All running events will report to the clerk of course by the first call of the event. If you are doing a field event and you must go run, check out with the official of the field event and go run then return immediately to the field event site. This could be a problem for athletes running in the 4 x 800 and 4 x 1600.
All horizontal jumps and throws will have first legal jump/throw measured then must exceed the following:
- | | Girls | Boys |
|--------|-------|------|
| Shot | 26' | 30' |
| Discus | 60' | 75' |
| LJ | 13' | 17' |
| TJ | 25' | 30' |
- Pole vault will start at 6' or 6'6 for girls and 8' for boys
- VI.** Scoring is 10-8-6-5-4-3-2-1 and 1st place team trophies for combined boys and girls score.
- VII. DIRECTIONS:** Go east on Shallowford road until you reach Sandy Plains Road. Take a left on Sandy Plains Road. Go approximately 3 miles till you reach Highway 92. Take a right on highway 92 for about 3 miles and you will see King Road. New shopping center on the corner. Turn left go approximately ½ mile and you will see signs that say Roswell High School. Turn right at the first entrance and go till you see the stadium. Park in that lot..